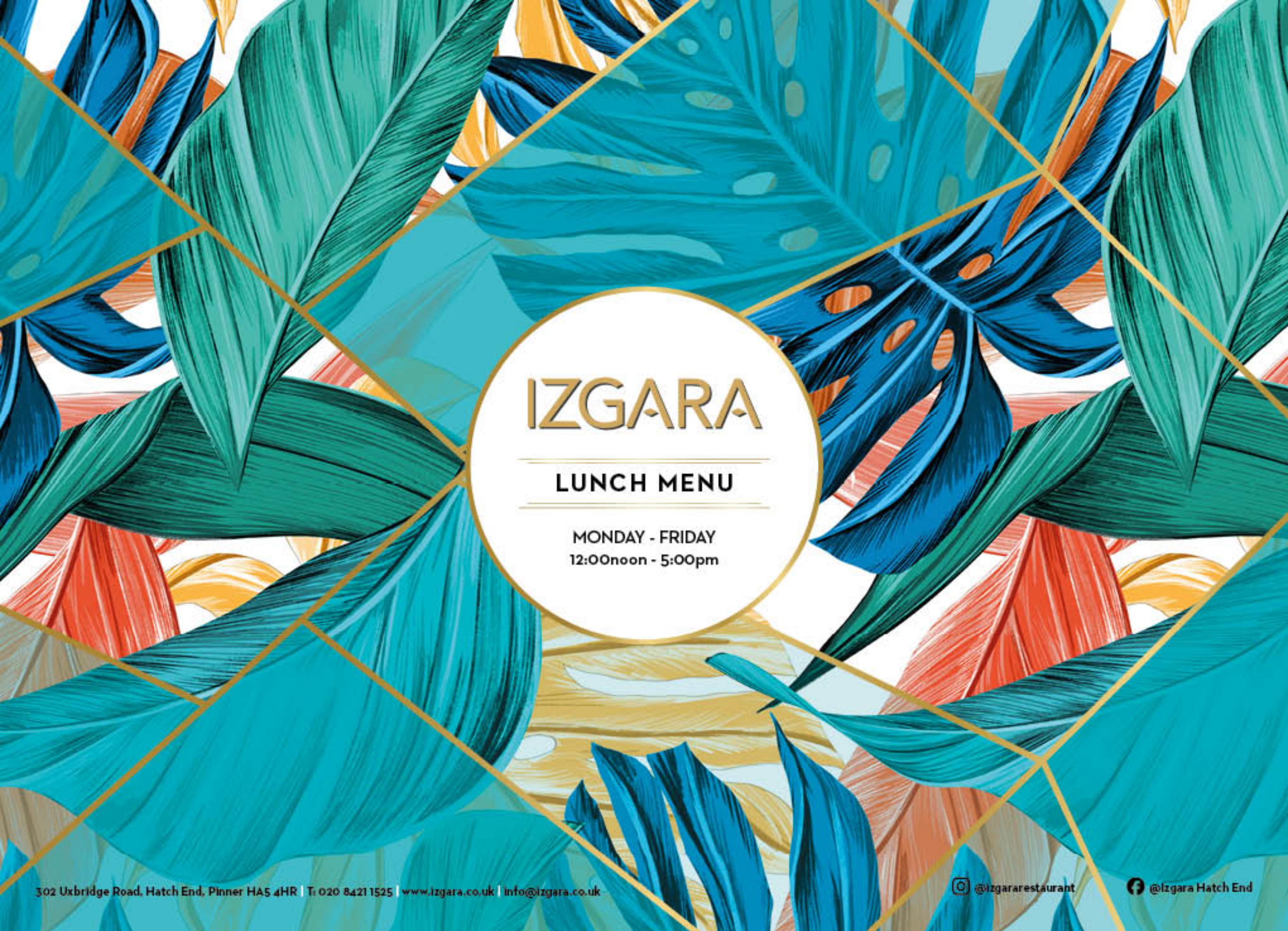




IZGARA

LUNCH MENU

MONDAY - FRIDAY
12:00noon - 5:00pm

Mezes - £4

Cold Mezes

Served with warm homemade bread.

Olives (V / VG / GF)

Humus (V)

Chickpeas, tahini and hint of garlic

Babaganoush (V / GF)

A smoky flavour puree of aubergine, garlic, tahini, yoghurt and sharpened with lemon

Tzatziki (V / GF)

Cucumber, garlic and fresh dill in a creamy yoghurt, topped with chickpeas

Tarama

Smooth creamy texture of smoked cod roe

Hot Mezes

Served with warm homemade bread.

Halloumi Tricolor (V / GF)

Grilled halloumi, avocado, tomato and balsamic vinaigrette

Courgette Fritters (Contains Egg & Flour) (V)

Grated courgette, mixed with spring onion, dill, parsley and mint. Served with yoghurt

Sigara Borek (V)

Filo pastry filled with halloumi, feta cheese, spinach and fresh herbs. Served with sweet chilli

Spicy Wings

Marinated chargrilled spicy wings

Tabbouleh (V / VG)

Barley, quinoa, parsley, pepper, cucumber pickle, spring onions, cherry tomato, mint and pomegranate with zesty lime dressing

Fatoush (V / VG)

Tomato, cucumber, radish, pickles, olives, cos lettuce, rocket, pomegranate, zesty sumac dressing and crispy bread

Beetroot Salad (Contains Nut) (V / GF)

Beetroot, rocket, cucumber pickles, pomegranate seeds, carrot, cherry tomatoes, walnut and topped with feta cheese

Beetroot Delight (V / VG)

Crushed wheat, quinoa, beetroot, gherkins, parsley, dill, pomegranate sauce and tahini

Halloumi Fritters (V)

Crispy halloumi in bread crumbs, served with sweet chilli dip

Falafel (V / VG)

Chickpeas, onion, parsley, coriander, spices, sesame seeds and humus

Chicken Liver (Spicy Option Available)

Lightly floured chicken liver sautéed with onion and spices

Arancini

Crispy fried risotto balls in bread crumbs, filled with spinach, cheese, served with tomato sauce and parmesan

Mains - £11.9

On Fire

(Spicy Option Available.)

Adana Kofte (GF)

Ground lamb seasoned with bell pepper, chilli, onion and char-grilled on skewers. Served with rice and salad

Lamb Shish (GF)

Prime cuts of lamb, marinated and char-grilled on skewers. Served with rice and salad

Chicken Shish (GF)

Prime cuts of chicken breast, marinated and char-grilled on skewers. Served with rice and salad

Favorites

Chicken Asparagus (GF)

Grilled chicken fillet, light creamy mushroom saffron sauce, asparagus, spinach and cherry tomatoes. Served with rice

Spicy Lamb Saute (GF)

Spicy diced lamb sautéed with mushrooms, onions, peppers and cooked in a homemade tomato herby sauce. Served with rice

Burgers

Wagyu Burger

Beef patty with tomato, onion, lettuce and cheese in a brioche bun. Served with chips

Spicy Lamb Burger

Spicy lamb patty topped with creamy tzatziki sauce, in a brioche bun. Served with chips

Chicken Burger

Crispy chicken fillet with tomato, lettuce and cheese in a brioche bun. Served with chips

Wraps

Chicken Wrap

Grilled chicken breast, halloumi cheese, mix peppers and salad. Served with chips

Falafel Wrap (V)

Falafel, hummus, pickled cucumber, tomato, lettuce, tahini and pomegranate sauce. Served with chips

Beyti (Spicy) (GF)

Hand chopped ground chicken seasoned with garlic, parsley, bell pepper and char-grilled on skewers. Served with rice and salad

Sea Bass Fillet

Served with hand cut sautéed potato, mix peppers, mushroom, onions, broccoli, asparagus and courgette

Veggies

Vegetarian Moussaka (V)

Layers of aubergine, courgette, potato, carrots, tomato, onion, spices, bechamel sauce and cheese. Served with rice

Falafel (V / VG)

Falafel with humus, fatoush salad and crispy bread

Mantar Dolma (V / GF)

Oven cooked flat mushrooms, filled with baby spinach, halloumi cheese, onions, tomato, peppers and topped with cheddar cheese. Served with rice

Pastas

Vegetable Arrabiata (V)

Tagliatelle pasta cooked with our authentic tomato sauce, seasonal vegetables, fresh chillies and topped with parmesan cheese

Meatballs Pasta (V)

Tagliatelle pasta served with juicy spicy lamb meatballs in a rich tomato sauce

Salmon Pasta

Tagliatelle pasta with tender salmon in a light creamy sauce, mushroom, onions, broccoli, asparagus, tomato and parmesan cheese